

PINCHA

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MUSIC: "Pincha" by Barrio Latino CD - Latin Unlimited/Bon Chiki Bon Track #22 **SPEED:** As on CD

FOOTWORK: Described for M - W opposite (or as noted) **WEB SITE:** www.stardustdancecenter.com

SEQUENCE: Intro, A, B, C, D, B, C, Ending **E-Mail:** cworlock@tampabay.rr.com

RHYTHM: Mambo **PHASE:** V+2 (Body Ripple & Hammerlock Movement) **RELEASED:** August 2010

INTRO

1 - 8 WAIT;; SINGLE TAPS w/TURNS;;; CUCARACHA TO BFLY; SIDE WALK 3;

- 1-2 - Wait 2 meas w/feet together in OPEN FCING POS M FCING WALL nothing touching and lead foot free;;
- q-q- 3 - Sd L, tap R toe to L no weight, sd R, tap L toe to R no weight;
- q-q- 4 - Trng ¼ RF (LF) to fc RLOD sd L twd ptr, w/slight lean twd ptr tap R toe to L no weight w/R (L) hand in fist over head, sd R trng ¼ LF (RF) to fc ptr & WALL, tap L toe to R no weight;
- q-q- 5 - Sd L, tap R toe to L no weight, trng ¼ LF (RF) to fc LOD sd R twd ptr, w/slight lean twd ptr tap L toe to R no weight w/L (R) hand in fist over head;
- q-q- 6 - Sd L trng ¼ RF (LF) to fc ptr & WALL, tap R toe to L no weight, sd R, tap L toe to R no weight;
- 7 - Sd L, rec R, cl L to R to BFLY WALL,-;
- 8 - Sd R, cl L to R, sd R,-;

PART A

1 - 4 NEW YORKER w/FLICK; SWIVELS; AIDA & CHECK; PRESS w/HIP LIFTS;

- 1 - Trng RF fwd L RLOD, rec R trng LF, cont LF trn sd L to fc ptr, flick R fwd & across L twd LOD in BFLY;
- 2 - Swvl RF on L/fwd R RLOD, swvl LF on R/fwd L LOD, swvl RF on L/fwd R RLOD still in BFLY,-;
- 3 - Thru L, trn LF sd R, cont LF trn sd & bk L checking to bk to bk V-pos placing lead hand on lead hip,-;
- 4 - Press R fwd no weight, lift R hip/lower hip, lift R hip/lower hip, lift R hip/lower hip;

5 - 8 SWITCH CROSS; CUCARACHA CROSS; SIDE WALK 3; FENCE LINE;

- 5 - Taking trailing hands thru twd RLOD trng RF (LF) sd R to BFLY WALL, rec L, XRIF of L,-;
- 6 - Sd L, rec R, XLIF of R keeping BFLY POS M FCING WALL,-;
- 7 - Sd R, cl L to R, sd R,-;
- 8 - Fwd & across L flexing L knee, rec R trng slightly LF, sd L in BFLY POS M FCING WALL,-;

9-12 NEW YORKER w/FLICK; SWIVELS; AIDA & CHECK; PRESS w/HIP LIFTS;

- 9 - Trng LF fwd R RLOD, rec L trng RF, cont RF trn sd R to fc ptr, flick L fwd & across R twd RLOD in BFLY;
- 10 - Swvl LF on R/fwd L LOD, swvl RF on L/fwd R RLOD, swvl LF on R/fwd L LOD still in BFLY,-;
- 11 - Thru R, trn RF sd L, cont RF trn sd & bk R checking to bk to bk V-pos placing trailing hand on trailing hip,-;
- 12 - Press L fwd no weight, lift L hip/lower hip, lift L hip/lower hip, lift L hip/lower hip;

13-16 SWITCH ROCK TO; CROSS BODY SHAKE HANDS (FC COH); OPEN BREAK LADY SPIRAL; TO WALL SIDE CROSS SIDE;

- 13 - Taking lead hands thru twd LOD trng LF (RF) sd L to BFLY WALL, rec R, sd L trng slightly LF,-;
- 14 - Cont LF trn bk R, rec L trng LF, sd R twd LOD (fwd L, fwd R trng LF, cont LF trn sd L) & join R hands to fc M FCING COH,-;
- 15 - Apt L, rec R, raising joined R hands fwd L trng ¼ RF to fc LOD (apt R, rec L, fwd R, spiral ¾ LF to fc RLOD under joined R hands) to end facing ptr M FCING LOD still w/R handshake,-;
- 16 - Sd R, XLIF of R, sd R to end still fcng ptr w/R handshake M FCING LOD,-;

PART B**1 - 4 OPEN BREAK STACK HANDS; CROSS HAND UNDERARM TURN; OPEN BREAK LADY SPIRAL; MAN TURN RIGHT TO HAMMERLOCK AND;**

- 1 - Apt L, rec R, sd L twd COH joining L hands under R hands,-;
- 2 - Bk R taking R arm over W's head, rec L taking L arm over W's head, sd R (fwd & across L trng RF first under joined R hands, then L hands fwd R cont RF trn, sd L) to end fcng ptr M FCING LOD L hands now over R,-;
- 3 - Apt L, rec R, fwd L trng ¼ RF to fc WALL (apt R, rec L, fwd R, spiral ¾ LF to fc COH) to end fcng ptr M fcng Wall R hands joined high and L hands joined low,-; **NOTE:** Same figure and action as meas 15 of Part A, just different facing direction and with double hand hold L over R.
- 4 - Keeping L hands joined low sd R comm trng RF under joined R hands, in place L cont RF trn, in place R cont RF trn (sd L, sd R, sd L) then lower joined R hands so that now all hands are joined low in HAMMERLOCK POS L hands joined behind M's back at his R side,-;

5 - 8 DUCK UNDER 2; REVERSE UNDERARM TURN TO; BREAK BACK w/M'S HEAD LOOP; ½ OPEN BREAK BACK & FACE TOUCH NO HANDS;

- ss 5 - Sd L bending over at waist to duck under W's L arm,-, sd R as you stand back up bringing joined L hands thru w/you to comm to lead a reverse cross hand underarm turn (sd R,-, sd L)-;
- NOTE:** Option to replace duck under action for M is to simply release L hand hold behind back and re-join L hands in front to end L over R. Footwork remains as 2 simple Hip Rocks ready for X-hand underarm.
- 6 - Trng RF fwd & across L trng W under first L hands, then R hands rec R releasing joined L hands, sd & bk L scooping W up w/L arm (fwd & across R trng LF first under joined L hands, rec L cont LF trn under joined R hands, still trng LF sd & bk R) to end in LEFT ½ OPEN POS FCING RLOD R hands joined high ready to go over M's head,-;
- 7 - Bk R taking joined R hands over M's head to complete head loop, rec L comm LF trn releasing joined R hands now on M's R shoulder, cont LF trn sd & bk R scooping W up w/R arm to ½ OPEN POS FCING LOD,-;
- qq-- 8 - Bk L, rec R comm RF trn releasing ptr altogether, tch L to R to end facing ptr M FCING WALL & nothing touching,-;

PART C**1 - 4 RIVERBOAT SHUFFLE 2; CUCARACHA X; RIVERBOAT SHUFFLE 2; CUCARACHA TO BFLY;**

- ss 1 - Sd L,-, soften knees lowering R shldr slightly XRIF of L as you flick R wrist down near R hip & snap fingers,-;
- 2 - Sd L, rec R, XLIF of R,-;
- ss 3 - Sd R,-, soften knees lowering L shldr slightly XLIF of R as you flick L wrist down near L hip & snap fingers,-;
- 4 - Sd R, rec L, cl R to L to BFLY POS M FCING WALL,-;

5 - 8 BODY RIPPLE; TURNING CUCARACHA FACE REVERSE; CUCARACHA; BACK BASIC TO;

- 5 - With feet together soften both knees to lower and push hips fwd with shoulders back, start to straighten legs as you push hips back and shoulders fwd, cont this movement to straighten legs completely, and push hips fwd;
- 6 - Sd L rec R trng ¼ RF, cl L to R to L OPEN POS FCING RLOD,-;
- 7 - Sd R, rec L, cl L to R still in L OPEN POS FCING RLOD,-;
- 8 - Bk L, rec R, fwd L,-;

9-12 PAT-A-CAKE TAP; BACK BASIC TO; PAT-A-CAKE TAP; BACK BASIC TO;

- s 9 - Lifting R knee trng ¼ LF to fc ptr & WALL/point R ft fwd & across L toward LOD to tap floor as you touch trailing hands palm to palm,-, lifting R knee trng ¼ RF/step bk R to LEFT OPEN RLOD,-;
- 10 - Bk L, rec R, fwd L,-;
- s 11 - Lifting R knee trng ¼ LF to fc ptr & WALL/point R ft fwd & across L toward LOD to tap floor as you touch trailing hands palm to palm,-, lifting R knee trng ¼ RF/step bk R to LEFT OPEN RLOD,-;
- 12 - Bk L, rec R, fwd L,-;

13-16 SIDE LUNGE RECOVER BFLY; THRU TO SERPIENTE w/FLICK; & KNEE LIFT; THRU FACE CLOSE NO HANDS;

- ss 13 - Fwd R trng ¼ RF softening R knee in slight side lunge line,-, blending to BFLY WALL rec L,-;
- 14 - Thru R LOD, sd L to fc ptr, XRIB of L, sweep L ft CCW (CW) as you flick L ft up and back;
- 15 - XLIB of R, sd R, thru L RLOD, lift R knee so that R ft touches inside of L knee allowing L ft to swivel ¼ LF;
- 16 - Thru R LOD, sd L trng slightly RF to fc ptr, cl R to L dropping hand hold to end FCING nothing touching,-;

PART D**1 - 4 SINGLE TAPS w/TURNS;;;:**

1-4 - Repeat Measures 3-6 of Intro;;;;

5 - 8 CUCARACHA TO BFLY; SIDE WALK 3; OPEN BREAK TO; NATURAL TOP TWIRL LADY R BOTH FACE WALL TO;

5-6 - Repeat Measure 7-8 of Intro;;

7 - Apt L, rec R, trng RF sd & slightly fwd L (bk R, rec L, fwd R between M's feet) to momentary BFLY DRW,-;

8 - Trng RF XRIB of L toe to heel leading W to turn under RF, cont RF trn sd L, cont RF trn sd R placing W's R hand in your R hand behind your back (trng RF under joined lead hands fwd & sd L, cont RF trn fwd R, cont RF trn fwd L completing 1 3/8 RF twirl) then take W's L hand with your L hand to end both fcng WALL M in front slightly to W's R sd w/L to L & R to R hands joined low behind M's back,-;

9-12 TURKISH BREAKS;; LADY SPIN OUT R TO LOOSE CLOSED; CUCARACHA;

9 - Bk L, rec R, sd L sliding in front of W (fwd R, rec L, sd R) still both hands joined low,-;

10 - Bk R, rec L, sd R sliding in front of W (fwd L, rec R, sd L) releasing R hands,-;

11 - Bk L releasing L hands after leading W to spin RF, rec R, cl L to R (fwd R comm RF trn in front of M, cont RF trn sd L RLOD to fc ptr spin 1 full RF trn on L, cl R to L completing 1 1/2 RF spin) blending to LOOSE CP WALL,-;

12 - Sd R, rec L, cl R to L,-;

13-16 BASIC X-BODY; SHAKE HANDS; OPEN BREAK LADY SPIRAL; TO WALL SIDE CROSS SIDE;

13 - Fwd L, rec R lowering joined lead hands, trng body 1/8 LF & foot 1/4 sd L twd COH (bk R, rec L, fwd R COH),-;

14 - Bk R, rec L trng LF, sd R twd LOD (fwd L, fwd R trng LF, cont LF trn sd L) & join R hands to fc M FCING COH,-;

15 - Repeat Meas 15 of Part A;

16 - Repeat Meas 16 of Part A;

PART B**PART C****ENDING****1 - 4 RIVERBOAT SHUFFLE 2; CUCARACHA X; RIVERBOAT SHUFFLE 2; CUCARACHA TO BFLY;**

1-4 - Repeat Measures 1-4 of Part C;;;;

5 - 8 BODY RIPPLE; MERENGUE 4; 2 CUCARACHAS; NO HANDS;

--- 5 - Repeat Meas 5 of Part C;

qqqq 6 - Sd L, cl R to L, sd L, cl R to L;

7 - Sd L, rec R, cl L to R,-;

8 - Sd R, rec L, cl R to L dropping hand hold to end facing ptr M FCING WALL & nothing touching,-;

9-12 SINGLE TAPS w/TURNS;;; TO BFLY;

9-12 - Repeat Measures 3-6 of Intro but end in BFLY POS;;;;

13-16 TURNING CUCARACHAS FACE REVERSE; & CENTER w/M'S NECK WRAP TRANSITION; SLOW RIGHT LUNGE; LADY LEG CRAWL & LOOK;

13 - Sd L, rec R trng 1/4 RF, cl L to R to L OPEN POS FCING RLOD,-;

qq-- 14 - Sd R, hanging on to joined lead hands rec L trng 3/4 LF to end with lead hands on M's R shldr, tch R to L and (QQS) place R hand on R hip (sd L, rec R trng 1/4 RF, cl L to R) to end TANDEM POS FCING COH W behind M,-;

--S 15 - Soften L knee,-, lunge sd & slightly fwd R,-;

---- 16 - Start to straighten R leg leading W's leg crawl, cont to straighten R leg as you rotate upper body slightly LF, look L at ptr w/R leg now straight lead hands still on M's R shldr & R hand on R hip (start to straighten R leg as you comm L leg crawl up outside of M's L leg, cont to straighten R leg & L leg crawl, look at ptr w/R leg straight having completed L leg crawl & place L hand on M's L shldr) & hold;

NOTE: Timing is standard QQS unless noted on side by the measure and refers to actual weight changes.