

TORMENTO DE AMOR

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MUSIC: "Tormento De Amor" Casa Musica - The Latin Mix CD 2 - Track #1 **SPEED:** As on Mini-Disc
SEQUENCE: Intro, A, B, A, B, Bridge, C, D, B, Ending **RELEASED:** July 2005
RHYTHM: Rumba **PHASE:** VI **FOOTWORK:** Described for Man - Woman opposite (or as noted)
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INTRO

1 - 4 WAIT; WAIT; FENCE LINE TWICE; 2ND ONE w/POINT LADY SYNC TO FACE HANDS LOW;

- 1-2 - Wait in TANDEM FCING WALL W in front L ft free for both pointing sd twd LOD arms folded in front R over L palms slightly up looking towards DLW;;
3 - Fwd & across L twd DRW extending arms out to sides, rec R, sd L bringing arms back in again as before,-;
QQ-- 4 - Fwd & across R twd DLW extending arms out to sides, rec L/take W's R wrist to lead her to face (rec L/cl R (QQ&--)) to L trng ½ RF to fc M), point R (L) sd twd RLOD hands now joined low between ptrs,-;

5 - 7 HIP ROCK 3; VINE 2 TO OPEN RONDE; BACK SIDE DRAW (LEAD HANDS LOW);

- 5 - Rk sd R, sd L, sd R starting to raise arms out & up to BFLY WALL,-;
QQ-- 6 - Sd L, XRIB of L,/ronde L ft CCW (R ft CW) allowing R ft to swvl LF releasing lead hands to OPEN LOD,-;
QQ-- 7 - Bk L, trng RF sd R re-joining lead hands, draw L to R tch extend trailing arm out to sd to L OPEN FCING,-;

PART A

1 - 5 OPEN HIP TWIST O.T. TO TANDEM M TCH; SIDE LUNGE & SHAPE; SIDE WALK CKING; FOOT SWIVELS SYNCOPATED TO SHADOW SIT LINE; RISE AND EXTEND L ARM;

- QQ-- 1 - Fwd L, rec R, keeping fwd poise tch L to R leading W to trn (bk R, rec L, fwd R trn ½ RF releasing joined (QQS) lead hands) to TANDEM WALL W in front both w/L ft free and M's hands on W's waist,-;
S-- 2 - Lower on R sd L extending arms out to sides,-, shape upper body LF so R arm is extended twd WALL palm down both looking twd WALL and L arms slightly higher extended twd DLC,-;
3 - Taking hands back to W's waist sd R, cl L to R, sd R cking (arms sweep in up and out to sides)-;
QQ&S 4 - Keeping hands on W's waist swvl LF on R fwd L twd LOD, swvl RF on L fwd R twd RLOD/swvl LF on R fwd L twd LOD, swvl RF on L fwd R twd RLOD softening R knee, swvl LF on R connecting knees in sit line;
---- 5 - Slowly raise L arm straight up as you straighten R leg out of sit line,-, cont to raise L arm straight up high palm out twd COH looking at ptr still side by side FCING LOD & L ft free for both pointing fwd twd LOD,-;

6 - 8 FAN MEN 2 SLOW; PREPARE THE ALEMANA w/FACE POINT; CLOSE w/ARM SWEEP;

- SS 6 - Fwd L as L arm still extended lowers down in front and L hand takes W's L wrist,-,trng hips RF to WALL (QQS) leading W to trn sd R (fwd L, fwd R/trng LF join lead hands, bk L) to FAN POS M FCING WALL,-;
QQ&-- 7 - Fwd L, rec R swinging joined lead hands down & out to sd/cl L to R, point R sd twd RLOD (cl R to L, fwd L/fwd R swvl ¼ RF to fc M, point L sd twd RLOD) to end LEFT OPEN FCING M FCING WALL,-;
&---- 8 - Cl R to L/lowering hands and slowly sweep trailing arms up and out to side for rest of measure;

PART B

1 - 6 TWO OF THREE ALEMANAS;; INTO THREE THREES;; LADY O.T. TO SHADOW WALL;

- 1 - Fwd L, rec R, cl L to R raising joined lead hands palm to palm (bk R, rec L, fwd R to M toeing out)-;
2 - Bk R, rec L pushing L ft slightly sd, cl R to L (fwd L trng RF under joined lead hands brushing R to L, fwd R twd WALL trn RF to fc M, fwd L to M's R sd trng further RF to end almost backing COH)-;
3 - Sd L, rec R, cl L to R (fwd & across R towards LOD and spiral 7/8 LF to fc DRW, cont LF trn fwd L twd WALL trng ½ LF under joined lead hands, fwd R to M trn ½ RF) to TANDEM WALL W in front,-;
4 - Bk R, rec L, cl R to L releasing W's shoulders (in place L, R, L spin LF 1 full trn) still TANDEM WALL,-;
5 - Fwd & sd L slight RF body trn extending L arm fwd towards DLW palm down and R arm up palm out, rec R slight LF body trn, cl L to R (bk & sd R slight RF body trn extending L arm fwd towards DLW palm down & R arm up palm out, rec L, fwd R toward WALL trng ½ RF to fc M) to OPEN FCING nothing touching,-;
6 - Bk R, rec L, small fwd & across R (fwd L twd M trng ½ RF, fwd R twd WALL trng ½ RF, fwd L trng ½ RF) to SHADOW WALL L hands joined M's R hand on W's R shoulder blade W's R arm extended out to sd,-;

7 - 9 ADV SLIDING DR; w/SLOW UNDERARM LUNGE & FC PT w/M'S HEAD LOOP; SPOT TRN;

- 7 - Fwd L trng body slightly RF, rec R trng body slightly LF, XLIB of R toe to heel (bk R, rec L, fwd & across R) to end with W in front of M FCING WALL,-;
SS 8 - Lead W under L arm sd lunge R raise R arm,-, rec L taking L arm over head & R hand to W's L hip keep R ft pting sd twd RLOD (trng RF on R/bk L LOD in sit line raise R arm,-, rec R trng RF & pt L sd twd RLOD)-;
9 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, sd R to LEFT OPEN FCING M FCING WALL,-;

NOTE: 2nd time thru Part B end FCING with a R handshake & 3rd time thru Part B end in Cuddle Position for the Ending.

BRIDGE

1 - 3 SHADOW BRK M TCH LADY SPIRAL TO VARSOUV LINE; PROG WALK 3 w/SWITCH; WALK 2 w/LEFT ARM LOOP & CHECK;

- qq-- 1 - Fcing w/R handshake swvl LF/bk L, rec R, tch L to R as you raise R hands to lead W (swvl RF/bk R, rec L, (QQS) small fwd R, spiral 7/8 LF on R) to end VARSOUV FCING LOD & both w/L ft free,-;
- 2 - Fwd L, fwd R, fwd L, trn ½ RF to LEFT VARSOUV FCING RLOD & both w/R ft free;
- ss 3 - Fwd R,-, taking L arm over W's head as you lower R hands fwd L checking to end all hands low L hands over R looking at ptr,-;

PART C

1 - 4 VINE 3 w/ARM LOOPS & CHECK; REC SIDE CLOSE w/RIGHT ARM LOOP TO SHAD WALL; SHADOW RIGHT LUNGE w/ARM SWEEP TO; CUDDLE HIP ROCKS SYNCOPATED;

- 1 - Bk R comm LF trn taking L arm over W's head, cont LF trn sd & fwd L taking R arm over W's head, fwd & across R to LOD and check to end all hands low joined R hands over L looking at ptr,-;
- 2 - Bk L comm RF trn taking R arm up over W's head, cont RF trn sd R, cl L to R to end SHADOW WALL L hands joined out at sd and R hands joined at front of W's R hip,-;
- s-- 3 - Flex L knee sd & slightly fwd R inside W's R ft releasing L hands and sweep L arm across in front of W thru rest of meas to take W's L wrist with L hand to TANDEM CUDDLE;
- qq&s 4 - Rk sd L, sd R/sd L, sd R still in TANDEM CUDDLE,-;

5 - 8 RECOVER LADY ROLL OUT TO LUNGE APART; RECOVER SHAPE,-, LADY CARESS,-; (TO WALL) HOCKEY STICK ENDING O.T. TO TANDEM; M UP TO CLOSE TANDEM AND,-;

- ss 5 - Rec L leading W to roll LF to LOD,-, rec R flexing R knee in lunge line sweeping R arm up & out swaying L (QQS) to look at W (rec L comm LF roll, cont LF roll small fwd R, cont LF roll sd L flexing L knee in lunge line sweeping L arm up & out swaying R to look at M) to end LEFT OPEN both FCING WALL,-;
- s-- 6 - Rec L taking both hands to W's waist shaping toward LOD looking at W,-, hold line (rec R taking R hand to M's chest extending L arm straight up palm out,-, take L hand down to caress R sd of M's fc)-;
- 7 - Bk R, rec L trng RF to fc WALL, fwd R (trng hips LF/fwd L to WALL, fwd R spiral 7/8 LF, cont LF trn fwd L) to TANDEM WALL M a step behind W,-;
- &---- 8 - Fwd L/tch R to L (tch R to L) soften both knees in close TANDEM FCING WALL M behind W feet together (----) heads down looking slightly L and arms low in front of W with M's on top of hers with his hands holding her forearms just above the wrist,-, **NOTE:** This is actually a ½ meas and 2nd ½ is described in next measure.

9-12 SUNBURST,-,-,-, (R HANDS) LADY OUT TO FACE,-; ALEMANA TURN w/SURPRISE CHECK; SWEETHEART TO;

- 9-10 - Lift W's arms straight up as you raise heads & straighten legs,-; Release W's arms to explode hands up (----) arms fully extended,-, take arms outward and down,-; Cont to lower arms down at W's sides joining R (&--) hands,-, lead W to step out w/L hand & trn to fc w/R (fwd R/swivel ½ RF) to handshake M FCING WALL,-; **NOTE:** Total of 4 slow for the Sunburst or 2 whole measures with no wgt changes. 5th slow fixes split meas.
- 11 - Bk R, rec L/swivel 1/8 LF on L bringing joined R hands thru at chest level between ptrs & extend them across in front of W, swivel 3/8 RF on L to end both fcing RLOD with L arms extended to WALL M's behind W cl R to L (fwd L DLC trng ½ RF under R hands, fwd R towards WALL trng ½ RF to fc M/swvl 1/8 RF on R, swivel 3/8 LF on R cl L to R)-;
- 12 - Fwd L with R sd lead & lead W bk, rec R, sd L (bk R, rec L, sd R) to mod VARSOUV FCING RLOD L hands joined about M's shoulder height & R hands are high above and to the R of W's head,-;

13-16 BALLERINA WHEEL 3 (FC LINE); FWD 2 LADY RONDE POINT TO STACK HANDS; CROSS HAND UNDERARM TO M'S LUNGE LADY SIT LINE; SYNC FAN M RECOVER;

- qqS 13 - With good tone through arms walk around W trng ½ RF in a even tight circle fwd R, fwd L, fwd R (with wgt (----) remaining on R raise L to end about 6 inches in front of R knee w/toe pointed down & leg upward diagonally to R from toe and hold line)-;
- qq-- 14 - Fwd L, fwd R lowering R hands to lead W to ronde trng ¼ RF, point L sd twd LOD (fwd L, fwd R trng ¾ RF as L ft rondes CW, point L sd twd RLOD) and join L hands under R hands fcing M FCING WALL,-;
- 15 - Rk sd L taking R hands over W, sd R taking L hands over W, sd L flexing L knee in lunge line (fwd & across L LOD trng RF, rec R cont RF trn to fc ptr, sd L swvl RF softening knee into sit line) to end all hands joined low looking at ptr,-;
- s 16 - Hold lunge line leading W fwd changing to lead hand hold,-, rec sd R (fwd R, fwd L/trng ½ LF cl R to L, bk L) (qq&s) to FAN POS M FCING WALL,-;

PART D**1 - 4 STOP & GO HOCKEY STICK;; CURL TO FACE LINE; AIDA & CHECK;**

- 1 - Fwd L, rec R, trng slightly LF cl L to R (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands),-;
- 2 - Lower well in L knee lunge fwd R cking, rec L trng RF, sd R (bk L lowering in to sit line raising L arm straight up palm out, rec R out of sit line lowering arm, fwd L trng ½ RF under joined lead hands) back to FAN POS,-;
- 3 - Fwd L, rec R trng LF, small fwd L twd LOD leading W under joined lead hands (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands) to end in MOD WRAP FCING LOD M's R hand on W's R shoulder blade,-;
- 4 - Thru R, trn RF sd L, cont RF trn sd & bk R checking to bk to bk V-pos sweeping trailing arm up & bk,-;

5 - 8 HIP ROCK 3 TO FACE; AIDA & CHECK; HIP ROCK 3 TO FACE; FENCE LINE w/ARM SWEEP;

- 5 - Rk fwd L, bk R, fwd L trng sharply LF to fc ptr & point R sd,-;
- 6 - Thru R taking trailing arms up & thru, trn RF sd L, cont RF trn sd & bk R checking to bk to bk V-pos sweeping trailing arm up & bk,-;
- 7 - Rk fwd L, bk R, fwd L trng sharply LF to fc ptr & point R sd,-;
- 8 - Fwd & across R flexing R knee sweep R arm over the top of lead hands towards LOD, rec L pulling trailing arm thru between ptr, trng slightly RF sd R extending trailing arm out to sd,-;

PART B**ENDING****1 - 3 CORTE w/LEG CRAWL; REC LADY SYNC ROLL OUT TO LUNGE APART & EXTEND;**

- s-- 1 - In cuddle position bk & sd L,-, stretch L sd trng upper body LF to lead W to leg crawl (fwd R,-, trng LF raise L leg up outside M's R leg looking at each other),-;
- &--S 2 - Rec R/lead W to roll off R arm then keep hands down at sides,-, trng slightly LF lunge sd & fwd L away from ptr twd DLC (bringing L ft down to rec L comm RF trn/fwd R twd WALL cont RF trn, fwd L twd WALL cont RF trn, trng slightly RF lunge sd & fwd R away from ptr twd DLW) to end nothing touching several feet apart,-;
- 3 - Slowly extend L arm up & out palm down thru measure looking twd & over L hand (slowly extend R arm up & out palm down thru measure looking twd & over R hand);

NOTE: Timing is standard QQS unless noted on side by the measure and refers to actual weight changes.