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MUSIC: "Tormento De Amor" Casa Musica - The Latin Mix CD 2 - Track #1 **SPEED:** Speed from 21 **SEQUENCE:** Intro, A, B, A, B, Bridge, C, D, B, Ending **RELEASED:** August 2023 to 23MPM **RHYTHM:** Rumba **PHASE:** IV+2 **FOOTWORK:** Described for Man - Woman opposite (or as noted)

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INTRO

1 – 4 WAIT; WAIT; FENCE LINE TWICE; 2ND ONE w/POINT LADY SYNC TO FACE HANDS LOW;

- --- 1-2 Wait in TANDEM FCING WALL W in front L ft free pointed sd twd LOD for both w/arms held in front of chest;;
 - 3 Fwd & across L twd DRW extending arms out to sides, rec R, sd L bringing arms back in again as before,-;
- **QQ--** 4 Fwd & across R twd DLW extending arms out to sides, rec L/take W's R wrist to lead her to face (rec L/cl R (QQ&-) to L trng ½ RF to fc M), point R (L) sd twd RLOD hands now joined low between ptrs,-;

5 - 7 HIP ROCK 3; VINE 2 TO OPEN RONDE; BACK SIDE DRAW (LEAD HANDS LOW);

- 5 Rk sd R, sd L, sd R starting to raise arms out & up to BFLY WALL,-;
- QQ-- 6 Sd L, XRIB of L,/ronde L ft CCW (R ft CW) allowing R ft to swvl LF releasing lead hands to OPEN LOD,-;
- QQ-- 7 Bk L, trng RF sd R re-joining lead hands, draw L to R tch extend trailing arm out to sd to L OPEN FCING,-;

PART A

1 - 5 BASIC M TCH LADY TURN R TO TANDEM; SIDE LUNGE & SHAPE L; 2 SLOW HIP ROCKS; SIDE WALK SYNCOPATED & SWIVEL TO SHADOW SIT LINE; RISE AND EXTEND L ARM;

- QQ-- 1 Fwd L, rec R, keeping fwd poise tch L to R leading W to trn R (bk R, rec L, fwd R trn ½ RF releasing joined lead hands) to TANDEM WALL W in front both w/L ft free and M's hands on W's waist,-;
- S-- 2 Lower on R sd L extending arms out to sides,-, shape upper body LF so R arm is extended twd WALL palm down both looking twd WALL over R arm and L arms slightly higher extended twd DLC,-;
- ss 3 Taking hands back to W's waist sd R,-, sd L,-;
- QQ&-- 4 Keep hands on W's waist sd R, cl L to R/sd R, swvl LF on R softening R knee connecting knees in sit line,-;
- --- 5 Slowly raise L arm straight up as you straighten R leg out of sit line,-, cont to raise L arm straight up high palm out twd COH looking at ptr still side by side FCING LOD & L ft free for both pointing fwd twd LOD,-;

6 - 8 FAN MEN 2 SLOW; START AN ALEMANA W/SHARP FACE POINT; CLOSE W/ARM SWEEP;

- ss 6 Fwd L as L arm still extended lowers down in front and L hand takes W's L wrist,-,/trng hips RF to WALL qqs) leading W to trn sd R (fwd L, fwd R/trng LF join lead hands, bk L) to FAN POS M FCING WALL,-;
- QQ&-- 7 Fwd L, rec R swinging joined lead hands down & out to sd/cl L to R, point R sd twd RLOD (cl R to L, fwd L/fwd R swvl ¼ RF to fc M, point L sd twd RLOD) to end LEFT OPEN FCING M FCING WALL,-;
- &--- 8 CI R to L/lowering lead hands and slowly sweep trailing arms in up and out to side for rest of measure;

PART B

1 - 6 ALEMANA; M TURN UNDER L TO L OPEN COH; BK WHEEL 3 TO FC WALL; LADY IN 6 & SPIRAL; TO LARIAT 6; LADY O.T. TO SHADOW WALL;

- 1 Fwd L, rec R, cl L to R raising joined lead hands palm to palm (bk R, rec L, fwd R to M toeing out),-;
- 2 Bk R, rec L trng ½ LF under own lead arm, sd R & bk (fwd L DLC trng ½ RF under joined lead hands brush R to L, fwd R twd DRW trn 3/8 RF to fc M, fwd L COH now to M's L sd) to LEFT OPEN POS FCING COH,-;
- 3 Bk wheel ½ RF L, R, L (wheel fwd w/M CW R, L, R on M's L sd) to end LEFT OPEN POS FCING WALL,-;
- 4 Bk R, rec L, cl R to L (cont around M fwd L, R, fwd L to M's R sd, spiral 7/8 RF under joined lead hands),-;
- 5 Sd L start taking L arm over own head, rec R, cl L to R (lariat circle around M CW fwd R, L, R to M's L sd),-;
- 6 Bk R, rec L, cl R to L (cont around M fwd L, R, fwd L to M's R sd, trn ½ RF on L) to SHADOW WALL w/L hands joined & M's R hand on W's R shoulder blade W's R arm extended out to sd,-;

7 - 9 CUCARACHA LADY CROSS; TO SLOW UNDERARM LUNGE LADY SIT,-, & FC PT w/M'S HEAD LOOP,-; SPOT TRN; * 2nd TIME TO R HANDSHAKE * 3rd TIME TO CUDDLE

- 7 Sd L, rec R, cl L to R (sd R RLOD, rec L, XRIF of L to end W in front of M fcing WALL still L hands joined,-;
- ss 8 Lead W under L arm sd lunge R raise R arm,-, rec L taking L arm over head & R hand to W's L hip keep R ft pting sd twd RLOD (trng RF on R/bk L LOD in sit line raise R arm,-, rec R trng RF & pt L sd twd RLOD),-;
 - 9 Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, sd R to LEFT OPEN FCING M FCING WALL,-; NOTE: 2nd time thru Part B end fcing w/R handshake for the Bridge & 3rd time end in Cuddle for the Ending.

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PART A

PART B

BRIDGE

1 - 3 SHADOW BRK M TCH LADY SPIRAL TO VARSOUV LINE; PROG WALK 3 w/SWITCH; WALK 2 w/LEFT ARM LOOP & CHECK;

- **QQ--** 1 Fcing w/R handshake swvl LF/bk L, rec R, tch L to R as you raise R hands to lead W (swvl RF/bk R, rec L, small fwd R, spiral 7/8 LF on R) to end VARSOUV FCING LOD & both w/L ft free,-;
 - 2 Fwd L, fwd R, fwd L, trn ½ RF to LEFT VARSOUV FCING RLOD & both w/R ft free;
- ss 3 Fwd R,-, taking L arm over W's head as you lower R hands fwd L checking to end all hands low L hands over R looking at ptr,-;

PART C

1 - 4 <u>VINE 3 w/ARM LOOPS & CHECK; REC SIDE CLOSE w/RIGHT ARM LOOP TO SHAD WALL;</u> <u>SHADOW RIGHT LUNGE w/L ARM SWEEP TO; CUDDLE HIP ROCKS SYNCOPATED;</u>

- 1 Bk R comm LF trn taking L arm over W's head, cont LF trn sd & fwd L taking R arm over W's head, fwd & across R to LOD and check to end all hands low joined R hands over L looking at ptr,-;
- 2 Bk L comm RF trn taking R arm up over W's head, cont RF trn sd R, cl L to R to end SHADOW WALL L hands joined out at sd and R hands joined at front of W's R hip,-;
- s-- 3 Flex L knee sd & slightly fwd R inside W's R ft releasing L hands and sweep L arm across in front of W thru rest of meas to take W's L wrist with L hand to TANDEM CUDDLE POS FCING WALL;
- QQ&S 4 Rk sd L, sd R/sd L, sd R still in TANDEM CUDDLE POS FCING WALL,-;

5 - 8 RECOVER LADY ROLL OUT TO LOD & LUNGE APART; RECOVER SHAPE,-, LADY CARESS,-; (TO WALL) HOCKEY STICK ENDING O.T. TO TANDEM; M QK UP CLOSE TO TANDEM &,-,

- ss 5 Rec L leading W to roll LF to LOD,-, rec R flexing R knee in lunge line sweeping R arm up & out swaying L to look at W (rec L comm LF roll, cont LF roll small fwd R, cont LF roll sd L flexing L knee in lunge line sweeping L arm up & out swaying R to look at M) to end LEFT OPEN both FCING WALL,-;
 - s-- 6 Rec L taking both hands to W's waist shaping toward LOD looking at W,-, hold line (rec R taking R hand to M's chest extending L arm straight up palm out,-, take L hand down to caress R sd of M's fc),-;
 - 7 Bk R, rec L trng RF to fc WALL, fwd R (trng hips LF/fwd L to WALL, fwd R spiral 7/8 LF, cont LF trn fwd L) to TANDEM WALL M a step behind W,-;
- &--- 8 Fwd L/tch R to L (tch R to L) soften both knees in close TANDEM FCING WALL M behind W feet together heads down looking slightly L and arms low in front of W with M's on top of hers with his hands holding her forearms just above the wrist,-, **NOTE**: This is actually only a ½ meas and 2nd ½ is described in next meas.

9-12 <u>SLOW SUNBURST,-;;,-, (R HANDS) LADY OUT TO FACE,-; ALEMANA TURN & SIDE TO;</u> SHADOW NEW YORKER IN 4;

- ---- 9-10 Lift W's arms straight up as you raise heads & straighten legs,-; Release W's arms to explode hands up (----) arms fully extended,-, take arms outward and down,-; Cont to lower arms down at W's sides joining R
- (&--) hands,-, lead W to step out w/L hand & trn to fc w/R (fwd R/swivel ½ RF) to handshake M FCING WALL,-; NOTE: Total of 4 slow for the Sunburst, or 2 whole measures with no wgt changes. 5th slow fixes split meas.
 - 11 Bk R, rec L, sd R (fwd L DLC trng ½ RF under R hands, fwd R DRW trng 3/8 RF to fc M, sd L) to end still w/R handshake M FCING WALL,-;
- QQQQ 12 Trng RF fwd L RLOD, rec R trng LF, cont LF trn sd L to fc ptr, rec R;

13-16 SHADOW NEW YORKER; UNDERARM TURN; SHADOW BREAK LADY SPIRAL TO; FAN M SPOT TURN w/HAND CHANGE BEHIND THE BACK;

- 13 Trng RF fwd L RLOD, rec R trng LF, cont LF trn sd L to fc ptr,-;
- 14 Bk R, rec L, sd R (fwd & across L LOD trng RF under joined R hands, rec R cont RF trn to fc M, sd L) -;
- 15 Swvl LF on R/bk L, rec R, fwd L as you take R hands up behind W's back to lead W's spiral (swvl RF on L/bk R, rec L, small fwd R, spiral 7/8 LF on R) to end both fcing LOD R hands joined high to W's R sd,-;
- 16 Fwd R LOD trng LF as you lower joined R hands, change W's R hand to your L behind back rec L cont LF trn to fc WALL, sd R (fwd L LOD, allow M to chg your R hand to M's L fwd R/swvl 3/8 LF, cont LF trn bk L) to FAN POS M FCING WALL,-;

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PART D

1 - 4 STOP & GO HOCKEY STICK;; START ANOTHER ONE BUT; AIDA & CHECK;

- 1 Fwd L, rec R, trng slightly LF cl L to R (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands),-;
- 2 Lower well in L knee lunge fwd R cking, rec L trng RF, sd R (bk L lowering in to sit line raising L arm straight up palm out, rec R out of sit line lowering arm, fwd L trng ½ RF under joined lead hands) back to FAN POS,-;
- 3 Fwd L, rec R trng LF, small fwd L twd LOD leading W under joined lead hands (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands) to end in V-SHAPE FCING LOD M's R hand on W's R shoulder blade,-;
- 4 Thru R, trn RF sd L, cont RF trn sd & bk R checking to bk V-pos sweeping trailing arm up & bk,-;

5 – 8 HIP ROCK 3 TO FACE; AIDA; SWITCH TO HIP ROCKS; FENCE LINE w/ARM SWEEP;

- 5 Rk fwd L, bk R, fwd L trng sharply LF to fc ptr & point R sd,-;
- 6 Thru R taking trailing arms up & thru, trn RF sd L, cont RF trn sd & bk R to bk to bk V-pos sweeping trailing arm up & bk,-;
- 7 Taking lead hands thru twd LOD trng LF (RF) sd L LOD to BFLY WALL, sd R, sd L,-;
- 8 Fwd & across R flexing R knee sweep R arm over the top of lead hands towards LOD, rec L pulling trailing arm thru between ptr, trng slightly RF sd R extending trailing arm out to sd,-;

PART B

ENDING

1 - 3 CORTE w/LEG CRAWL; REC LADY SYNC ROLL OUT TO LUNGE APART &; EXTEND;

- s-- 1 In cuddle position bk & sd L,-, stretch L sd trng upper body LF to lead W to leg crawl (fwd R,-, trng LF raise L leg up outside M's R leg looking at each other),-;
- &--s 2 Rec R/lead W to roll off R arm then keep hands down at sides,-, trng slightly LF lunge sd & fwd L away from ptr twd DLC (bringing L ft down to rec L comm RF trn/fwd R twd WALL cont RF trn, fwd L twd WALL cont RF trn, trng slightly RF lunge sd & fwd R away from ptr twd DLW) to end nothing touching several feet apart,-;
 - --- 3 Slowly extend L arm up & out palm down thru measure looking twd & over L hand (slowly extend R arm up & out palm down thru measure looking twd & over R hand);

NOTE: Timing is standard QQS unless noted on side by the measure and refers to actual weight changes.