

# RUMBA EL RELOJ

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**MUSIC:** CD - Prandi Sound - Sensazioni Nella Danza Vol. 3 Latin - "El Reloj" - Track #7

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**SEQUENCE:** Intro, A, B, C, B (1-14), Ending **RELEASED:** January 2022 **SPEED:** Slow from 26 to 24

**RHYTHM:** Rumba **PHASE:** VI **FOOTWORK:** Described for M - W opp (or as noted)

## INTRO

### **1 - 3 WAIT 2 NOTES,, LADY UNWIND 4 TO CLOSED WALL; NATURAL OPENING OUT TO A VERY SLOW SPIRAL;;**

- - Wait initial 2 distinct notes in Left Whisk Line CP DRW lead foot free for both,,
- Q 1 - Using both feet M unwind 5/8 RF ending w/weight on R ft (fwd R, L, R around M, trng RF cl L to R) to CP WALL;
- (QQQ) 2 - With RF body trn sd L DLW, rec R, cl L to R leading W to slowly spiral (trng ½ RF on L/bk & sd R, rec L, fwd & & across R LOD, comm slow spiral LF on R under joined lead hands),-;
- 3 - Hold as you cont to lead W to slowly spiral under lead hands (cont to spiral LF on R a total of 7/8 to fc DLW);

## PART A

### **1 - 4 TO CENTER CROSS BODY TO HANDSHAKE; SHADOW NEW YORKER IN 4; ALEMANA; w/SURPRISE CHECK;**

- 1 - Trng LF bk R DRC, rec L cont trng LF, cont LF trn sd R (trng LF fwd L across M twd COH, fwd R COH trng ½ LF to fc WALL, sd L) to end w/R handshake fcng ptr & COH,-;
- QQQQ 2 - Trng RF fwd L LOD w/L arm behind W, rec R trng LF, cont LF trn to fc ptr sd L, sd R still w/R handshake;
- 3 - Fwd L, rec R, cl L to R raising joined R hands (bk R, rec L, fwd R to M toeing out),-;
- QQ-Q 4 - Bk R, rec L/swivel 1/8 LF on L to fc DLW bringing joined R hands thru at chest level between ptrs & extend them across in front of W, swivel ¼ RF on L, cl R to L (trng RF fwd L DLC/trng ½ RF under R hands, fwd R DRW/trng ½ RF to fc DLC, swvl ¼ LF on R, cl L to R) to end V-shape fcng ptr & RLOD w/R hands joined & L arms extended to sd M's behind W;

### **5 - 8 SWEETHEART & SLIDE ACROSS; SPOT TURN AWAY TO CLOSED WALL; ADVANCED HIP TWIST; LADY UNDERARM TO FACING SIT LINE,-, LADY RECOVER TO BFLY BJO LOD,-;**

- 5 - Fwd L LOD with R sd lead & lead W bk, rec R, sd L releasing R handhold sliding behind W twd COH (bk R RLOD, rec L, sd R sliding in front of M twd WALL) to end OPEN POS FCING LOD nothing touching,-;
- 6 - XRIF of L COH trng LF, cont slight LF trn fwd L twd ptr & WALL, small fwd R to CP WALL,-;
- 7 - Fwd L trng 1/8 RF leading W to open out, rec R trng ¼ LF, bk L behind R toe to heel (swvl ½ RF on L/bk & sd R, rec L/swvl 5/8 LF on L, fwd R outsd ptr to M's R sd/trn hips RF towards LOD),-;
- s-- 8 - Lead W under lead hands trng LF bk R RLOD in sit line extend R arm to sd,-, hold leading W fwd (trng RF on R under lead hands/bk L LOD in sit line extend L arm,-, rec fwd R) to BFLY BJO LOD,-;
- (SS)

### **9-12 FWD 2 CHECK LADY BACK 3 RONDE; BACK VINE & CURL MEN CLOSE TO "L"; SLOW CROSS SWIVEL & CURL TO SIDECAR LEAD HANDS LOW; BACK WALK 3 TO LINE INTO A;**

- QQ-- 9 - Fwd L, R LOD checking, lead W bk to ronde (bk L LOD, R, L trng RF as you ronde R CW) to BFLY SEMI,-;
- (QQS) 10 - Bk L RLOD, trng RF sd R, cl L to R leading W fwd under lead hands & catch her R shoulder blade w/R hand (bk R RLOD, trng LF sd L, cont LF trn fwd & across R trng 5/8 LF under lead hands) to end L shape loose CP M FCING WALL & W FCING LOD,-;
- ss 11 - Leading W fwd sd R RLOD trng slightly LF,-, leading W fwd under lead hands releasing from frame sd L LOD swvling RF (fwd L LOD, swvl LF on L, fwd R RLOD, turn ½ LF under joined lead hands) to end fcng DRW in a SIDECAR shape w/lead hands joined low,-;
- 12 - Bk R, L, R LOD (fwd L, R, L LOD) still in SIDECAR shape M FCING DRW,-;

### **13-14 LEFT ALEMANA (M FC WALL); & ALEMANA TURN w/SIDE ENDING LEAD HANDS LOW;**

- 13 - Trng LF sd L LOD to fc WALL, rec R, cl L to R (fwd R LOD spiral ¼ LF on R under joined lead hands to fc WALL, fwd L twd WALL trng ½ further LF under joined lead hands, fwd R to M toeing out DLC),-;
- 14 - Bk R, rec L, sd R (fwd L trng ½ RF under joined lead hands brushing R to L, fwd R twd DRW trn 3/8 RF to fc M, sd L) to join lead hands low M FCING WALL,-;

**PART B****1 - 4 START THREE THREES; SIDE LUNGE APART LADY STORK LINE & EXTEND; SIDE WALK SLIDE TO SHADOW WALL; WHEEL 3 TO FACE LINE;**

- 1 - Fwd L, rec R, cl L to R leading W to trn RF release hand hold and place R hand at W's R hip (bk R, rec L, fwd R trng ½ RF) to TANDEM POS WALL M behind W;
- s-- 2 - With R hand lead W sd to LOD joining R hands lunge sd R RLOD & extend L arm out to sd (sd L lift R knee taking R ft up to inside of L knee toe pointing to floor extending L arm straight up stretching L sd);
- 3 - Sd L LOD, cl R to L, sd L joining L hands (sd R RLOD, cl L to R, sd R) to end SHADOW POS FCING WALL;
- 4 - Wheel ¾ RF fwd R, fwd L, fwd R (small bk L, bk R, bk L) to end SHADOW POS almost FCING LOD,-;

**5 - 8 ADVANCED OPENING OUT w/THREE THREES ENDING; TO CLOSED LINE; NATURAL OPENING OUT LADY SPIRAL; TO LINE FAN LEAD HANDS LOW;**

- 5 - Fwd L twd LOD trng 1/8 RF, rec R trng 1/8 LF, bk L behind R toe to heel releasing W (bk & sd R slight RF body trn, rec L, fwd R twd LOD trng ½ RF to fc M) to end FCING PTR M FCING LOD nothing touching,-;
- 6 - Bk R, rec L, fwd R (fwd L twd M trng ½ RF, fwd R twd LOD trng ½ RF, fwd L twd M) to CP LOD,-;
- 7 - With RF body trn sd L DLC, rec R, cl L to R leading W to spiral (trng ½ RF on L/bk & sd R, rec L, fwd & across R COH, spiral ¾ LF on R under joined lead hands to fc LOD),-;
- 8 - Bk R, rec L, fwd R (fwd L LOD, fwd R trng 3/8 LF, cont LF trn bk L) to end L OPEN FCING M FCING LOD,-;

**9-12 4 OK FWD BASIC w/M CHECK REC TO; PASSING UNDERARM LUNGE LADY SIT & EXTEND; RECOVER TO "L" & CHA TO LINE; 2 SLOW CROSS SWIVELS LEAD HANDS;**

- QQQQ 9 - Fwd L, rec R, bk L checking, rec R across to your L (bk R, rec L, fwd R, fwd L),-;
- s-- 10 - Trng RF & leading W fwd to trn under joined lead hands strong sd lunge L LOD look at ptr & slowly extend R arm up (fwd R trng ½ LF under joined lead hands to look at ptr & slowly extend L arm straight up),-;
- QQ&S 11 - Rec sd R closing up to L shape checking, sd L/cl R to L, sd L (rec fwd L closing up to L shape, fwd R/lk LIB of R, fwd R) to end L shape loose CP M FCING WALL & W FCING LOD,-;
- ss 12 - Leading W fwd sd R RLOD trng slightly LF,-, leading W fwd sd L LOD trng slightly RF (fwd L LOD, swvl LF on L, fwd R RLOD, swvl RF on R),-;

**13-16 BK BREAK LADY SPOT TURN TO NECK WRAP; FWD BREAK LADY SPOT TURN UNWRAP TO FACE: DOUBLE SPOT TURN; TO A RIGHT HANDSHAKE;**

- 13 - Release from frame leading W fwd to trn RF into neck wrap bk R LOD, rec L, fwd R (fwd L LOD trng RF into M's L arm to neck wrap, cont slight RF trn fwd R, fwd L) to end both fcng RLOD in neck wrap,-;
- 14 - Fwd L leading W to trn L, rec R trng LF, sd L (fwd R trng LF our of neck wrap, fwd L cont LF trn to fc ptr, sd R) to end LEFT OPEN FCING M FCING WALL,-;
- qq-- 15 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, point R sd RLOD to re-join lead hands,-;
- 16 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, sd R & join R hands,-;

**PART C****1 - 4 SHADOW NEW YORKER AND START A; FULL MOON;; CROSS BODY HERE TO FACE WALL;**

- 1 - Trng RF fwd L RLOD w/L arm behind W, rec R trng LF, cont LF trn sd & fwd to OPEN V-shape LOD w/R hands joined,-;
- 2 - Bk R, trng LF fwd L bringing R hands up behind W to lead spiral, cont LF trn fwd R COH keeping W on your R sd & join L hands (fwd L across M, fwd R/spiral 7/8 LF, cont LF trn fwd R COH) to end VARSOUV COH,-;
- 3 - Fwd L, releasing L hands rec R, bk L trng 1/8 LF leading W to trn RF w/joined R hands, (fwd R, bk L trng RF, fwd R twd M's R sd trng RF) to OPEN V-shape RLOD w/R hands joined,-;
- 4 - Bk R, trng LF fwd L, cont LF trn sd R (fwd L across M, fwd R trng ½ LF, sd L) to fc WALL w/R hands joined;

**5 - 8 SHADOW NEW YORKER STACK HANDS; CROSS HAND UNDERARM TURN M FACE CENTER; LARIAT 6 w/LADY SPIRAL ON 2; MEN FWD SPOT TURN TO FACE LEAD HANDS LOW;**

- 5 - Trng RF fwd L RLOD w/L arm behind W, rec R trng LF, cont LF trn to fc ptr sd L & join L hands under R,-;
- 6 - Bk R taking R arm over W's head, rec L taking L arm over W's head, fwd R under joined L hands trn ½ LF immediately raising R hands & starting to lower L hands (fwd & across L trng RF first under joined R hands, then L hands fwd R cont RF trn, sd & fwd L) to end both FCING COH W to M's L side,-;
- 7 - Sd & slightly bk L, rec R taking L hands high leading W to spiral & R hands low, cl L to R (circling around M fwd R, fwd L/spiral 7/8 RF, fwd R) to end M FCING COH & W on M's R side FCING WALL,-;
- 8 - Fwd R trng ½ LF first under joined L hands, then R hands rec L, sd R RLOD (continue circling around M fwd L, fwd R trng RF to fc M, sd L RLOD) to end M FCING ptr & WALL & change to lead hands joined low,-;

**PART B (1-14)****ENDING****1 - 3 SPOT TURN w/POINT TO ½ OPEN LINE; THRU TO CUDDLE LAYBACK; & EXTEND;**

- QQ-- 1 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, cont trng LF point R sd & bk RLOD as you scoop R arm around W under her L arm blending to ½ OPEN LOD,-;
- QQ-- 2 - Thru R, sd & fwd L placing L arm over the top of W's R arm, to support her (thru L, sd & fwd R placing R arm around M and under M's L arm, swvl LF on R) to MOD CUDDLE POS,-;
- 3 - Soften L knee as you extend R arm up & out to side (soften R knee in sit line and as you layback extend L arm out to side head well to L) to extend the line & hold,-;

**NOTE:** Timing is standard QQS, unless noted on side of measure, and refers to actual weight changes.