

# EX's & OH's

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**MUSIC:** "Ex's & Oh's" by Elle King – CD: Elle King Love Stuff – Track #2

**SEQUENCE:** Intro, A, B, C, Bridge, A, B, C, D, Ending **SPEED:** Slow from 35 to 31MPM

**RHYTHM:** Jive **PHASE:** VI **FOOTWORK:** Described for Man - Woman opposite (or as noted)

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## INTRO

### **1 - 4 WAIT 2 MEAS;; 4 SLOW TURNING FLEA HOPS; TO A RIGHT HANDSHAKE;**

Wait 2 meas about 2' apart M FCING ptr & WALL nothing touching & lead foot free for both;;

**{4 Slow Turning Flea Hops}** Lift L knee and slip R ft slightly to L trng ¼ LF/cl L to R to fc LOD,-, lift R knee and slip L ft slightly to R trng ¼ LF/cl R to L to fc COH,-; Lift L knee and slip R ft slightly to L trng ¼ LF/cl L to R to fc RLOD,-, lift R knee and slip L ft slightly to R trng ¼ LF/cl R to L to fc WALL & ptr to shake R hands,-;

## PART A

### **1 - 4 MIAMI SPECIAL TO L OP LINE;; SHUFFLING DOOR;; 2<sup>ND</sup> ONE w/ROLL & CHECK HOLD;;**

**{Miami Special}** Rk apt L, rec R comm RF trn, pass by ptr fwd & sd chasse L/R, L completing ¾ RF trn under joined R hands and immediately take R hands over head to rest behind neck to end both FCING LOD w/M's L arm around W's back; Small sd chasse apt R/L, R allowing L hand to slide off W's arm (apt R, rec L, pass by ptr fwd & sd chasse R/L, R making ¾ LF trn under R hands; small sd chasse apt L/R, L allowing R hand to slide off M's arm) to join lead hands and end in LEFT OPEN POS FCING LOD;

**{Shuffling Door}** Cross rk LIB of R, rec R; Sliding behind W sd chasse L/R, L (X rk RIB of L, rec R; sliding in front of M sd chasse R/L, R) to join trailing hands & end OPEN POS both FCING LOD,

**{2<sup>nd</sup> One w/Roll & Check Hold}** Cross rk RIB of L, rec L; Rolling RF in front of W fwd R/L, cont RF roll sd R twd WALL soften knee completing 1 full RF trn cking, hold (cross rk LIB of R, rec R; rolling LF behind M fwd L/R, cont LF roll sd L twd COH soften knee completing 1 full LF trn cking, hold) to end LEFT OPEN POS FCING LOD,

### **5 - 8 TOGETHER LOOK;; TRIPLE TO CP; CURLY TRIPLE WHIP;; FACE COH & SHAKE R HANDS;**

**{Together Look & Triple to CP}** Rec sd L twd ptr & look at ptr; Hold sd by sd FCING LOD,-, trng ¼ LF in place R/L, R (rec sd R twd ptr & look at ptr now sd by sd; hold,-, trng ¼ RF in place L/R, L) blending to CP COH;

**{Curly Triple Whip to Handshake}** Rk fwd L, rec R, trng ½ RF leading W under fwd & sd chasse L/R, L blending to CP WALL; Cont RF trn XRIB of L, cont RF trn sd L, cont RF trn XRIB of L, cont RF trn sd L; Cont RF trn XRIB of L, cont RF trn sd L, cont RF trn small sd in place chasse R/L, R releasing from CP (rk bk R, rec L comm LF trn, trng ½ LF under joined lead hands R/L, R to CP; cont RF trn fwd L, cont RF trn small fwd R between M's feet, cont RF trn fwd L, cont RF trn small fwd R between M's feet; cont RF trn fwd L, cont RF trn small fwd R between M's feet, cont RF trn sd chasse L/R, L) completing 2 full RF revolutions to end FCING ptr & COH w/R handshake;

**NOTE:** Each step of the 6 even count portion of the Triple Whip makes approximately ¼ RF turn totaling 1 ½ RF trn.

**OPTION:** M can lead W on 1<sup>st</sup> step of Curly Whip to turn ¼ RF to rk bk R LOD placing her at a 90 degree angle on his R sd. He will then lead her more strongly to turn ¾ LF instead of the normal ½ in this measure.

### **9-12 LADY UNDER LEFT TO;; TURKISH TOWEL BREAKS;; AFTER 2<sup>ND</sup> ONE CHECK HOLD;;**

**{Lady Under Left}** Rk apt L, rec R, small sd & fwd in place chasse L/R, L; Sd chasse R/L, R joining L hands (apt R, rec L, fwd chasse R/L, R trng ½ LF under joined R hands; sd chasse L/R, L) to end both FCING COH W closest to RLOD with all hands joined low behind M,

**{Turkish Breaks w/Check Hold}** Rk bk L looking at ptr, rec R; Sliding in front of W small sd chasse L/R, L, rk bk R looking at ptr, rec L; Sliding in front of W small sd chasse R/L, R, hold (rk fwd R looking at ptr, rec L; sliding behind M small sd chasse R/L, R, rk fwd L looking at ptr, rec R; sliding behind M small chasse L/R, L, hold) to end both FCING COH W closest to RLOD with all hands joined low behind M,

### **13-16 SIDE LOOK;; & TRIPLE TO TANDEM; CATAPULT; TO BFLY,, WINDMILL;;**

**{Side Look & Triple to Tandem}** Soften R knee sd L to look at ptr; Hold,-, chasse in pl R/L, R (sd R to look at ptr; hold,-, chasse in place L/R, L) to end in TANDEM POS M in front FCING COH all hands joined behind M;

**{Catapult}** Rk fwd L, replace R slightly rightwards, releasing R hands chasse in place L/R, L leading W fwd w/L hands & then releasing them; Chasse in place R/L, R (rk bk R, rec L, fwd chasse R/L, R passing M's L sd comm 1 full RF spin on R; cont further ½ RF trn L/R, L) blending to BFLY COH,

**{Windmill}** Rk apt L, rec R: While maintaining BFLY incline body slightly to L trng 3/8 LF fwd chasse L/R, L, return arms and body to normal cont LF trn sd & slightly fwd chasse R/L, R (rk apt R, rec L; sd & fwd chasse R/L, R trng 3/8 LF, sd & bk chasse L/R, L) to end BFLY WALL;

**PART B****1 - 4 SAND STEP w/FLICK; BOTH UNDER 2 TRIPLES TO FACE; CHASSE ROLL 2 TRIPLES; w/EXTRA ROLL 2 & TRIPLE TO BFLY;**

{Sand Step w/Flick} Swvl RF on R/tch L toe to R instep, swvl LF on R/tch L heel fwd, swvl RF on R flick L bk & up,-;  
 {Both Under 2 Triples} Raising trailing hands and lowering lead hands trn RF (LF) under trailing hands chasse R/L, R, release lead hands cont RF trn chasse R/L, R completing 1 full RF (LF) trn to face ptr & WALL & join lead hands;  
 {Chasse Roll 2 Triples} Sd L/cl R to L, sd L trng ½ RF now bk to bk, sd R/cl L to R, sd R trng ½ RF now fcng ptr;  
 {Extra Roll 2 & Triple to BFLY} Sd L trng ½ RF now bk to bk, sd R trng ½ RF to fc ptr, sd L/cl R to L, sd L to BFLY;

**5 - 8 SAND STEP w/FLICK; BOTH UNDER 2 TRIPLES TO FACE; CHASSE ROLL 2 TRIPLES; w/EXTRA ROLL 2 & TRIPLE TO FACE;**

{Sand Step w/Flick} Swvl LF on L/tch R toe to L instep, swvl RF on L/tch R heel fwd, swvl LF on L flick R bk & up,-;  
 {Both Under 2 Triples} Raising lead hands and lowering trail hands trn LF (RF) under lead hands chasse R/L, R, release trail hands cont LF trn chasse L/R, L completing 1 full LF (RF) trn to face ptr & WALL & join trailing hands;  
 {Chasse Roll 2 Triples} Sd R/cl L to R, sd R trng ½ LF now bk to bk, sd L/cl R to L, sd L trng ½ LF now fcng ptr;  
 {Extra Roll 2 & Triple to BFLY} Sd R trng ½ LF now bk to bk, sd L trng ½ LF to fc ptr, sd R/cl L to R, sd R to face ptr & WALL nothing touching;

**PART C****1 - 4 CROSS ROCK w/ARMS & TRIPLE M IN 2 TO OPEN LINE (L FOOT); HEEL SHUFFLES; 2 SAILOR SHUFFLES; CLOSE POINT 3;**

{Cross Rock & Triple M in 2} Cross rk LIB of R sweeping both arms twds RLOD, rec R, trng LF fwd L, fwd R (cross rk RIB of L sweeping both arms twds RLOD, rec L, trng RF fwd chasse R/L, R) to end OPEN POS sd by sd FCING LOD nothing touching;

**NOTE:** Now same footwork until end of Bridge or until after meas 1 of Part D.

**OPTION:** After the cross rock recover both can spin – M fwd L LOD spin LF, complete 1 full LF spin cl R to L (fwd R LOD spin RF/L, R completing 1 full RF spin).

{Heel Shuffles} Touch L heel fwd LOD, cl L to R/touch R heel fwd LOD, cl R to L/touch L heel fwd LOD,-;

{2 Sailor Shuffles} XLIB of R/sd R, sd L, XRIB of L/sd L, sd R;

{Close Point 3} Cl L to R/pt R sd, cl R to L/pt sd L, cl L to R/pt R sd,-;

**5 - 8 JIVE RIGHT & LEFT; SOLO TURNING WOODPECKER TAPS FC WALL; SLOW COCA ROLA 4;**

{Jive Right & Left} Chasse small sd R/L, R, chasse L/R, L still sd by sd FCING LOD nothing touching;

{Turning Woodpecker Taps} Connect knees together rise through ankle to ball of L foot swvling ¼ LF/lower L heel to floor allowing R toes to tap the floor, repeat this action, repeat this action completing ¾ LF trn to end TANDEM POS FCING WALL M behind W,-;

{Slow Coca Rola 4} Swvl 1/8 LF on L/fwd R,-, swvl ¼ RF on R/bk L,-; Swvl ¼ LF on L/sd R,-, swvl ¼ RF on R/fwd L still TANDEM POS M behind W FCING DRW,-;

**BRIDGE****1 - 4 (DOWN LINE) SHADOW POINT STEP 3;,-, THROWAWAY IN 2 M TAP & TRIPLE TO FACE;,, CHANGE LEFT TO RIGHT SHAKE R HANDS;,,**

{Shadow Point Step 3} Swivel ¼ LF on L/point R fwd LOD assuming SHADOW POS joining L hands & placing R hand on W's R shoulder blade, fwd R, point L fwd LOD, fwd L; Point R fwd LOD, fwd R,

{Throwaway In 2 M Tap & Triple} Fwd L, tap R behind L; Chasse R/L, R (fwd L, fwd R trng 3/8 LF; chasse bk trng 1/8 LF L/R, L) to end LEFT OPEN FCING POS M FCING LOD,

{Change Left to Right} Rk apt L, rec R; Trng ¼ RF chasse L/R, L, sd chasse R/L, R (rk apt R, rec L; trng LF under joined lead hands chasse R/L, R, cont trng ¾ LF sd chasse L/R, L) to end w/R handshake M FCING WALL;

**PART A****PART B****PART C**

**PART D****1 - 4 (DOWN LINE) 2 FORWARD TRIPLES,, M RUN 2; SAND STEP w/KICKS; BACK HITCH & SCISSOR TRIPLE FACE REVERSE; SWIVEL WALK 3;**

{2 Forward Triples M Run 2} Swivel ¼ LF on L/fwd chasse R/L, R, fwd L, fwd R (swivel ¼ LF/fwd chasse R/L, R, fwd chasse L/R, L) to sd by sd POS FCING LOD nothing touching;

**NOTE:** Now back to opposite footwork.

{Sand Step w/Kicks} Swvl RF on R/tch L toe to R instep, swvl LF on R/kick L fwd DLC, swvl RF on R/kick L fwd DLW (swvl LF on L/tch R toe to L instep, swvl RF on L/kick R fwd DLW, swvl LF on L/kick R fwd DLC),-;

{Back Hitch & Scissors Triple Fc Rev} Small bk L/cl R to L, fwd L, fwd R trng ½ LF/cl L to R, fwd R (small bk R/cl L to R, fwd R, fwd L trng ½ RF/cl R to L, fwd L) to end sd by sd POS FCING RLOD nothing touching;

{Swivel Walk 3} Swivel RF on R/fwd L, swivel LF on L/fwd R, swivel RF on R/fwd L (swivel LF on L/fwd R, swivel RF on R/fwd L, swivel LF on L/fwd R),-;

**5 - 8 FACE FOR CONTINUOUS CHASSE JOIN TRAIL HANDS; ROLLING OFF THE ARM QQS; w/SLOW WHEEL 4;;**

{Continuous Chasse} Swivel LF (RF) on L to fc ptr joining both hands sd R/cl L to R, sd R/cl L to R, sd R/cl L to R, sd R releasing lead hand hold to end FCING ptr & WALL and trailing hands joined;

{Rolling Off The Arm QQS} Rk apt L, rec R comm RF trn, cont RF trn sd L leading W to trn L in crook of R arm (rk apt R, rec L comm LF trn, cont LF trn sd R into M's R arm) to end in mod WRAP POS FCING RLOD,-;

{Slow Wheel 4} Wheel ¼ RF trn with each step fwd R,-, L,-; R,-, L comm to lead W to roll out of arm completing 1 full RF trn (wheel ¼ RF with each step bk L,-, R,-; L,-, R comm RF trn) still in mod WRAP POS FCING RLOD,-;

**ENDING****1 - 3+ TRIPLE TO FACE,, CHANGE HANDS BEHIND THE BACK,;; START A STOP & GO; TO M'S STOMP & LADY SIT FREEZE,**

{Finish Roll Off Arm w/Triple to Face} Cont RF trn small fwd chasse R/L, R (cont RF trn chasse L/R, L off M's R arm) to end FCING ptr & COH changing hands to lead hand hold,

**OPTION:** W can free spin 1 ½ RF on this triple instead of ½.

{Change Hands Behind the Back} Rk apt L, rec R; Placing R hand over W's R hand lead W to R sd releasing lead hand hold comm LF trn fwd chasse L/R, L, cont trng LF place W's R hand back into L hand behind back chasse R/L, R (rk apt R, rec L; comm RF trn fwd chasse R/L, R, cont RF trn chasse L/R, L) to L OPEN FCING M FCING WALL;

{Start a Stop & Go to Stomp & Freeze} Rk apt L, rec R raising lead hands to trn W under LF fwd chasse L/R, L placing R hand on W's L shoulder blade w/lead hands now low to end in R sd by sd pos fcng WALL; Fwd R stomp soften R knee slightly & look R bk at W (rk apt R, rec L comm LF trn, cont LF trn chasse R/L, R completing ½ LF trn under lead hands; bk L soften L knee in sit line extending L arm straight up) and hold the line,

**NOTE:** This is just 1 extra beat that ends the music.