

OUR HEARTS STILL GO ON

BY: Curt & Tammy Worlock, 3613 Citrus Tree Court, Plant City, FL 33566 (813)-431-3235
MUSIC: CD Vio Friedmann - The Most Beautiful Songs For Dancing 4 - "My Heart Will Go On" - Track #11
WEBSITE: www.curtandtammy.com **E-MAIL:** cworlock@tampabay.rr.com **RELEASED:** July 2017
SEQUENCE: Intro, A, B, Int 1, C, Int 2, Ending **SPEED:** Slow from 26 MPM on CD to 24 MPM
RHYTHM: Rumba **PHASE:** VI **FOOTWORK:** Described for Man - Woman opposite (or as noted)

INTRO

1 - 5 WAIT 1 MEAS; SLOW RISE & CLOSE (R FOOT); FORWARD 3; PARALLEL CHASE 2 MEAS;;

- 1 - Wait 1 meas in SKATER CHAIR POS both weighted on flexed R knee L foot behind twds RLOD w/R hands at W's R hip and both w/L arm extended fwd to LOD & slightly up;
- s 2 - Rise on R out of chair straightening R leg,-, cl L to R bringing L hand to W's L hip & W's low in front of self,-;
- 3 - Fwd R LOD as you now start to extend L arms out to sd, fwd L, fwd R,-;
- 4 - Fwd L trng ¼ RF change to L hands on W's L hip & extend R arms out to sd, rec R, fwd L FCING DRW,-;
- 5 - Fwd R trng ¼ LF change bk to R hands on W's R hip & extend L arms out to sd, rec L, fwd R FCING DLW,-;

6 - 8 FAN M SLOW FWD CLOSE (JOIN HANDS); BASIC LADY WRAP (FC LINE); THRU FC CLOSE;

- ss (QQS) 6 - Fwd L joining L hands to lead W,-, cl R to L (fwd L, fwd R trng LF, bk L) and change hands to join all hands low to end M FCING LOD & W FCING RLOD on outside track offset from M,-;
- 7 - Fwd L, rec R, cl L to R (bk R, rec L, fwd R trng ½ LF under joined lead hands) to end in WRAP POS LOD,-;
- 8 - Fwd R, trng ¼ RF sd L releasing trailing hands, cl R to L to end LOP FCING M FCING WALL,-;

PART A

1 - 4 OPEN HIP TWIST; FAN; HOCKEY STICK LADY SPIRAL ON 3; SHAPE & CARESS;

- 1 - Fwd L, rec R, keeping fwd poise almost cl slightly bk L (bk R, rec L, fwd R/trn hips only RF towards LOD),-;
- 2 - Bk R, rec L, sd R (fwd L LOD, fwd R sharply trng LF, cont LF trn bk L LOD) to FAN POS M FCING WALL,-;
- 3 - Fwd L, rec R, raising joined lead hands high cl L to R leading W to spiral (cl R to L, fwd L, fwd R in front of M, spiral 7/8 LF under joined lead hands),-;
- 4 - After leading spiral bring joined lead hands towards LOD to stop W and look at her (sweep free L arm up and then down to caress M's R sd of face);

5 - 8 THEN OVERTURN TO FIGUREHEAD; QK BASIC IN 4 LADY TURN TO CLOSED; CHALLENGE LINE & SLOW CHANGE TO OVERSWAY;

- 5 - Bk R trng 1/8 RF, rec L, fwd R (fwd L toe pting DRW, fwd R spiral 7/8 LF under joined lead hands, cont LF trn fwd L raising L hand high) to end lead hands joined low in figurehead position M behind W FCING DRW,-;
- QQQQ 6 - Fwd L leading W fwd then flip lead hands to lead W to trn RF, rec R, bk L, cl R to L (fwd R DRW/sharply swvl ½ RF on R, fwd L, fwd R, fwd L) blending to CP DRW;
- s-- 7 - Trng slightly LF sd & fwd L twds LOD,-, stretch body upward to look over joined lead hands in SCP LOD,-;
- 8 - Relax L knee slightly keeping R leg extended,-, with slight LF rotation stretch L sd of body swiveling W's R to CP look toward & over W cont to sway (head well to L) now in CP DLW,-;

9-12 FALLAWAY RONDE TO BFLY; CRAB WALK 3; SIDE WALK 3; FENCE LINE w/ARM SWEEP;

- sqq 9 - Sd & bk R trng slightly RF leading W to ronde as you ronde L ft CCW to SCP LOD,-, XLIB of R loosening frame, sd R blending to BFLY WALL;
- 10 - Fwd & across L trng hips to RLOD, sd R trng hips to WALL, fwd & across L trng hips to RLOD,-;
- 11 - Sd R twd RLOD trng hips to WALL, cl L to R, sd R,-;
- 12 - Fwd & across L flexing L knee sweep L arm over twd RLOD, rec R pulling lead arm thru between ptr, slightly RF sd R extending trailing arm out to sd,-;

13-16 AIDA; SWITCH CROSS INTO; SLOW CURL TO SIDECAR; BACK FACE CLOSE HANDS LOW;

- 13 - Thru R, trn RF sd L, cont RF trn sd & bk R to bk to bk V-pos sweeping trailing arm up & bk,-;
- 14 - Taking lead hands thru twd LOD trng LF (RF) sd L to BFLY WALL, rec R, XLIF of R,-;
- 15 - Hold as you lead W to turn LF under joined lead hands (slowly curl 5/8 LF on R under joined lead hands to end fcng LOD) to end in SDCR shape;
- 16 - Rec bk R, trng slightly LF sd L, cl R to L (fwd L LOD, trng slightly LF sd R, cl L to R) to end fcng ptr M FCING WALL and all hands joined low,-;

PART B**1 - 4 SLOW EXPLODE APT TO FACE; EACH WAY; SLOW BREAK APART TO; NAT TOP 3 FC LINE;**

- SQQ** 1 - Trng LF (RF) lunge sd & slightly fwd L to OPEN LOD as you sweep lead arm up & out but keeping eyes on ptr,-, trng RF (LF) rec R, cl L to R;
- SQQ** 2 - Trng RF (LF) lunge sd & slightly fwd R to L OPEN RLOD as you sweep trail arm up & out but keeping eyes on ptr,-, trng LF (RF) rec L, cl R to L still all hands joined low between ptrs;
- SQQ** 3 - With hands at center apt L exploding arms outward twds ptr,-, rec R, trng RF sd & slightly fwd L (apt R exploding arms outward twds ptr,-, rec L, trng slightly RF fwd R between M's feet) to loose CP DRW,-;
- 4 - Trng RF XRIB of L toe to heel, cont RF trn sd L, cont RF trn almost close small fwd R (trng RF sd L, cont RF trn XRIB of L, cont RF trn sd L) to end loose CP LOD,-;

5 - 8 CONTINUOUS HIP TWIST; FACE WALL; ADVANCED OPEN OUT LADY SPIRAL (TO WALL); HOCKEY STICK ENDING;

- 5 - Fwd L LOD trng 1/8 RF leading W to open out, rec R trng 1/4 LF, bk L behind R toe to heel (swvl 1/2 RF on L/bk & sd R, rec L/swvl 5/8 LF on L, fwd R outsd ptr to M's R sd, trn hips RF towards COH),-;
- 6 - Small bk R leading W twd COH L as if to fan/then swvl W LF to loose BJO DLC, comm RF trn like a wheel fwd L, fwd R (fwd L/swvl 3/8 LF on L, comm RF wheel fwd R, fwd L) to end loose BJO POS M FCING DLW,-;
- 7 - Fwd L twd WALL trng 1/8 RF, rec R trng 1/8 LF, cl L to R (swvl 1/2 RF on L/bk & sd R, rec L, fwd & across R twd DLW spiral 7/8 LF on R) to end TANDEM POS FCING WALL W in front:
- 8 - Bk R, rec L, fwd R (fwd L WALL, fwd R WALL trng 3/8 LF under joined lead hands, cont LF trn bk L) to end LEFT OPEN FCING M FCING WALL,-;

9-12 START THREE THREES; w/CUCARACHA TO; SLOW SUNBURST; M BK CLOSE (LEAD FOOT);

- 9 - Fwd L, rec R, cl L to R leading W to trn RF release hand hold and gently place hands on W's shoulders (bk R, rec L, fwd R trng 1/2 RF) to TANDEM POS WALL M behind W,-;
- 10 - Sd R, rec L, cl R to L,-;
- 11 - Soften both knees w/feet together heads down looking L/lift W's hands straight up slowly,-, & release them to explode hands up & out arms fully extended as you raise heads & straighten legs,-;
- QQ 12 - Continue to slowly take arms outward and down,-, bk L, cl R to L to end with arms down at sides;
- (----) **NOTE:** Should still have lead foot free after Sunburst and M's adjustment to not be so close.

13-16 FINISH THREE THREES; TWICE;;;

- 13 - Sd & fwd L, rec R, cl L to R (bk & sd R, rec L, fwd R twd WALL trng 1/2 RF to fc M) to end FCING PTR M FCING WALL nothing touching,-;
- 14 - Bk R, rec L, cl R to L (fwd L twd M trng 1/2 RF, fwd R twd WALL trng 1/2 RF, fwd L twd M trng 1/2 RF) to end in TANDEM POS FCING WALL,-;
- 15 - Sd & fwd L, rec R, cl L to R (bk & sd R, rec L, fwd R twd WALL trng 1/2 RF to fc M) to end FCING PTR M FCING WALL nothing touching,-;
- 16 - Bk R, rec L, cl R to L (fwd L twd M trng 1/2 RF, fwd R twd WALL trng 1/2 RF, fwd L twd M) to end in CP WALL,-;

INTERLUDE 1**1 - 4 NATURAL OPENING OUT TO; REVERSE TOP 6; TO FACE WALL; BACK AIDA & CHECK;**

- 1 - With slight RF body trn sd L, rec R, trng LF small fwd L toe pointed DLW (trng 1/2 RF on L/bk R, rec L, fwd & across R LOD/trng LF to CP DLW,-;
- 2 - Cont LF trn sd & fwd R, keeping L toe in place swing L heel cont LF trn to XLIF of R, cont LF trn sd & fwd R (cont LF XLIB of R, cont LF trn sd & bk R, cont LF trn XLIB of R) to end CP approximately
- 3 - Keeping L toe in place swing L heel cont LF trn to XLIF of R, cont LF trn sd & fwd R, keeping L toe in place swing L heel cont LF trn to XLIF of R (cont LF trn sd & bk R, cont LF trn XLIB of R, cont LF trn sd & bk R) to end CP M almost fcng WALL,-;
- 4 - Bk R slight RF trn, bk L LOD slight RF trn, bk R in bk to bk V-pos checking extending trailing arm up & bk,-;

5 - 8 HIP ROCK 3 w/SHARP TURN TO FC; SPOT TURN O.T. TO; 1/2 OPEN BREAKS TWICE;;

- 5 - Hip rock fwd L, bk R, fwd L/sharply swivel 1/4 LF to fc ptr & WALL pt R sd twd RLOD,-;
- 6 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, cont trng LF sd & bk R scooping R arm around W blending to 1/2 OPEN LOD,-;
- 7 - Bk L in 1/2 OP, trng RF rec R, cont trng RF sd & bk L scooping L arm around W blending to L 1/2 OP RLOD,-;
- 8 - Bk R in L 1/2 OP, trng LF rec L, cont trng LF sd & bk R scooping R arm around W blending to 1/2 OP LOD,-;

PART C**1 - 4 QUICK BACK BREAK IN 4 w/MANEUVER; LADY ROLL RIGHT TO OPEN COH (M IN 2); SLOW CROSS CHECK & EXTEND; RECOVER POINT,-, & LADY SYNC ROLL LEFT TO;**

- qqqq 1 - Bk L RLOD in ½ OP, rec R, fwd L, fwd R swiveling 3/8 RF on R (bk R, rec L, fwd R, fwd L);
 ss 2 - Cont RF trn bk & sd L twd WALL leading W to roll LOD off the arm placing her in your track,-, almost cl small
 (QQS) sd R LOD (fwd R, fwd L/spiral ¾ RF, sd R LOD to end sd by sd trail hands joined in OPEN POS COH,-;
 s-- 3 - XLIF of R as you slowly extend lead arms out to sd;
 s-- 4 - Rec R/point L sd & bk RLOD as you sweep lead arm in & up,-, hold but lead W to roll to you as you shape
 (SQ&Q) preparing to catch W (fwd L comm LF roll/fwd & sd R cont LF roll, sd & fwd L completing 1 full LF roll);

5 - 8 SLOW CUDDLE CORTE; & CUDDLE PIVOT TO SEMI; THRU TO HINGE; RECOVER SWIVEL LADY TO SAME FOOT LUNGE LINE;

- s-- 5 - Catching W in arms blending to close embrace position w/arms around each other W's arms on top like a close CUDDLE POS bk L,-, soften lead knee heads down into ptr,-;
 &QQS 6 - Trng RF rec fwd R starting to pivot RF/sd & bk L pivot ½ RF to CP DLC, fwd R LOD between W's feet cont RF trn to SCP, re-joining lead hands sd & fwd L (rec bk L/starting to pivot RF/sd & fwd R, bk L LOD cont RF trn, sd & fwd R) to SCP LOD,-;
 qq-- 7 - Thru R, sd & fwd L trng W LF to CP, lead W to hinge then comm to relax L knee (thru L, sd & fwd R trng LF, (QQS) XLIB of R leaving R ft pointing RLOD head to L,-;
 s-- 8 - Rec R toe pointed DRW leading W to swivel RF lower in R knee (rec R swivel ½ RF on R lower in R knee to point L fwd LOD head to R);

9-12 & TELEPSIN ENDING TO ½ OPEN LINE; QUICK FORWARD 2 MANEUVER & PIVOT TO; SLOW RUDOLPH RONDE & FALLAWAY SIDE TO; NEW YORKER IN 4;

- (&QQS) 9 - With hip & upper body lead W fwd/transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr cont LF trn, releasing join lead hands sd & fwd L (fwd L moving around the M on his L side/fwd & sd R trng LF square to M at end of step, cl L to R toe trn, sd & fwd R) to ½ OPEN LOD,-;
 qqqq 10 - Fwd R, fwd L, fwd R/trng RF folding to W re-joining lead hands to CP RLOD, bk L pivot 3/8 RF to CP DLC;
 sqq 11 - Fwd R LOD between W's feet keeping L ft bk flexing R knee while turning upper body RF to SCP LOD,-, bk L loosening hold, releasing trail arm from frame sd R (bk L & swing R leg up and out in a circular ronde CW movement while trng RF on L ft to SCP LOD,-, bk R, sd L) to end LEFT OPEN FCING POS M FCING WALL;
 qqqq 12 - Trng RF to LEFT OPEN fwd L RLOD checking, rec R trng LF, cont LF trn sd L to fc ptr checking, rec R;

13-16 REVERSE UNDERARM TURN; THRU TO SERPIENTE;; FENCE LINE IN 4;

- 13 - Trng RF fwd & across L leading W under joined lead hands, rec R, bk L (fwd & across R trng LF under lead hands, rec L cont LF trn, sd R) to BFLY WALL,-;
 14 - Thru R, sd L, XRIB of L, fan L CCW;
 15 - XLIB of R, sd R, XLIF of R, fan R CCW;
 qqqq 16 - Soften L knee fwd & across R LOD flexing R knee, rec L trng RF, sd R, rec L;

INTERLUDE 2**1 - 7 SPOT TURN TO; FIVE ALEMANAS;;;;; LAST ONE LADY OVERTURN IN 4 TO TANDEM FOR;**

- 1 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, sd R to join lead hands low M FCING WALL,-;
 2 - Fwd L, rec R, cl L to R raising joined lead hands palm to palm (cl R to L, fwd L, fwd R trng ¼ RF to fc M & R toe pting DLC),-;
 3 - Bk R, rec L pushing L ft slightly sd, cl R to L (fwd L trng ½ RF under joined lead hands brushing R to L, fwd R twd DRW trn 3/8 RF to fc M, fwd L to M's R sd trng almost ½ further RF to end almost backing COH),-;
 4 - Sd L, rec R, cl L to R (fwd & across R towards LOD spiral LF on R under joined lead hands to fc DRW, cont LF trn fwd L twd WALL trng ½ further LF under joined lead hands, fwd R to M toeing out DLC),-;
 5 - Bk R, rec L pushing L ft slightly sd, cl R to L (fwd L trng ½ RF under joined lead hands brushing R to L, fwd R twd DRW trn 3/8 RF to fc M, fwd L to M's R sd trng almost ½ further RF to end almost backing COH),-;
 6 - Sd L, rec R, cl L to R (fwd & across R towards LOD spiral LF on R under joined lead hands to fc DRW, cont LF trn fwd L twd WALL trng ½ further LF under joined lead hands, fwd R to M toeing out DLC),-;
 7 - Bk R, rec L, cl R to L (fwd L trng ½ RF under joined lead hands brushing R to L, fwd R twd DRW trn 3/8 RF to fc M, fwd L twd M trng ½ RF, cl R to L) to end TANDEM POS FCING WALL,-;

ENDING

**1 - 5 SLOW BODY ROLL; (L FOOT); SLOW HIP ROCK 2; SLOW SIDE CROSS CHECK;
& EXTEND L ARMS;**

- 1 - With feet together and weight on both feet lean forward to your right with straight legs,-, roll upper body to your left taking L arms out to left and then soften knees as you start to lean back,-;
- 2 - Lean back to your left with soft knees roll upper body to your right taking L hands over W's head,-, start to straighten legs again as you lean slightly fwd to your right and take L arms out to sd twds LOD as you return to your start position ending with both weighted on R foot,-;
- SS 3 - With L hands out to sd joined & R hands at W's R hip sd L,-, sd R,-;
- SS 4 - Trng slightly LF sd L,-, softening L knee fwd & across R LOD flexing R knee as you circle L arms up & in,-;
- 5 - Keeping R hands on W's R hip slowly extend L arms bk out to LOD & slightly up to end as you started dance;

NOTE: Timing is standard QQS, unless noted on side of measure, and refers to actual weight changes.